

# Recruitment Newsletter

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## Welcome back!

Dear Colleagues,

This is the third BCUHB Newsletter from Recruitment. I hope you had a lovely Easter break.

It was lovely to receive contributions again for the newsletter, as it is a great opportunity to continue to share your stories and celebrate the inspiring work taking place across the region. We continue to appreciate any newsletter content ideas you may have for future publications.

For further information about ways you can share or get involved please contact:

Rhian Jones ([Rhian.jones9@wales.nhs.uk](mailto:Rhian.jones9@wales.nhs.uk))

Many thanks and stay safe,

Rhian Jones

Ward Manager, Corporate Recruitment Workforce Team



## Manchester Recruitment Day Update

The Healthcare Job Fair in Manchester is the North-West of England's premier recruitment event for medical, nursing, health and social care employment opportunities both at home and abroad.

This year the event was attended by Angela Nicholls, Recruitment Support Officer, Workforce & Organisational Development and Rhian Jones, Ward Manager, Workforce & Organisational Development. It was a well-attended event - and proved to be very productive with 102 enquiries received for posts at Betsi Cadwaladr Health Board. 59 of the enquiries were for Trained Nurses and Health Care Support Workers, and the rest of the enquiries were for Social Workers, Pharmacists and Medical Staff. All enquiries will be followed up by the Recruitment Team over the following weeks and we look forward to welcoming the new recruits to the Betsi Team. In future events there is an aim to offer interviews with candidates on the day for posts which will speed up the recruitment process.

Do you feel passionate about your work and would like to share your experiences? Do you enjoy meeting new people? If you do and you would like to participate in future events, please get in touch with the Recruitment Team.



## Rita Princewill from Glan Clwyd shares her story on the Respiratory Ward

Just like yesterday, it's been 8 months already!

I received great support right from the airport to isolation, down to the beautiful accommodation and OSCE preparation support provided by the Trust. My family being able to join me after three months was a special joy for me. Generally, it's been an awesome experience working on the Respiratory Ward in Glan Clwyd Hospital of the BCU health board.

The amazing team of great minds I work with has enabled me to unlearn and relearn great nursing techniques during the time period, making me a better nurse every day as the learning process continues. Most of all, having a super intelligent and committed preceptor made the transition into the UK nursing practice a whole lot easier considering the existing difference when compared to nursing practice back in my home country.

Many thanks to the international recruitment team, my ward manager and colleagues who have been amazingly supportive.

I am happy to be a part of the BCU family and proud of the nurse that I have become today.



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## Peter Kpanaki from Wrexham shares his story working in Theatre

Time flies so fast, it's 8 months since I arrived. I was supported all the way. The driver that took me from the airport and those who managed my accommodation were warm and welcoming. I can't forget how much it meant to have that debit card and SIM card. The OSCE preparation was amazing. My trip to and for my OSCE centre, the transport and accommodation was one of the best experiences I have had. Starting off my role as a Recovery Practitioner would not have been smooth but thanks to my colleagues and especially my preceptor for all the support, encouragement and above all love that they showed me. Team work and respect for others as part of BCUHB values is really at work. I still couldn't believe I am the only African in my Unit. The Recovery Unit is my second home. I had difficulties securing accommodation to bring over my family, every of my colleagues knew my challenge and supported me through those times, they even challenged letting agents for my sake. The International Recruitment unit went as far as talking to letting agents ahead of my viewings just to make sure that my applications are considered. In the long run, it is still my colleagues that made me get my present accommodation. My family finally joined me and my unit gave me time off to be with them. I am comfortable and happy to be the best I can be on this Team. BCUHB all the way!

Peter Kpanaki International Nurse from Nigeria



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## Arionola Akinsipe shares her experience in Glan Clwyd



I am Arionola and I currently work as a nurse in the colorectal unit in YGC. I joined the Trust in January 2021 as an international recruit from Nigeria where I have worked for over 9 years. It has been a great learning curve working in the Trust. I worked on Ward 1 for one year and transitioned to the Colorectal Unit. It is amazing that a wonderful opportunity exist within the Trust. The Trust was kind enough to settle myself and other recruits into a warm accommodation on arrival and provided us with the training needed for our OSCE examination which is a pre-requisite in obtaining our Nursing license here in the UK. The journey has been great thus far, I knew moving into a new environment would come with its own challenges which I already prepared towards. I initially had issues regarding accommodation, transportation and cultural differences but with the support of friends, colleagues and recruitment team I have been able to get a grip of them all. I will ascribe workload as the major difference between my unit back home and working here, still learning how to cope with this at times but I can say I have really adapted well.

## Help Needed - Rent a Room in your Home Scheme

People may not know that the Government fully backs homeowners having lodgers – <https://www.gov.uk/rent-room-in-your-home>. Lodgers are technically called “excluded occupiers” because they live in a home and share the kitchen, bathroom and living rooms with the house owner. The guidance should be fully read and understood but people may be surprised to learn that no tax is due on rental income under £7,500 pa. The length of the agreement can also be as short or as long as homeowners wish, eg 1 month, being renewed on a monthly basis or longer if things are going ok. Simple written contract templates are also available online to state for instance, a notice period of 1 week, but legal advice can also be sought. I have welcomed 7 lodgers into my home for the past 3 years for differing periods of time – 2 months, 6 months, 18 months and 2 years – and for different reasons. I would say it has been a very positive experience. The extra income has been so helpful, enabling me to pay to develop my house and garden. How about it? Our newly arrived Overseas Nurses and Doctors do require accommodation whilst they settle into BCUHB and North Wales, ensuring new staff do have appropriate accommodation, even if only on a temporary basis. It is of course essential to their wellbeing and ability to work in this country.

Please feel free to contact [Jackie.jones11@wales.nhs.uk](mailto:Jackie.jones11@wales.nhs.uk) if able to help or for further information to email [BCU.OverseasNursing@wales.nhs.uk](mailto:BCU.OverseasNursing@wales.nhs.uk) inbox if you do think this might be for you. Thanks, Lesley Patricolo



<https://www.gov.uk/rent-room-in-your-home>.



# Interested in finding BCUHB jobs?

Follow the link below to find out more if you are interested in a career change or progression:

<https://bcuhb.nhs.wales/train-work-live/work/vacancies/>

or scan the QR code:



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