

Career Profile

District Nurse

District Nurses Need To:

- Be adaptable and resourceful
- Be good communicators, listeners and able to offer advice
- Have good judgment
- Be problem solvers

Where Do District Nurses Work?

District nurses are based in health centres or clinics and sometimes in a GP practice where they visit the practice populations. Whilst the majority of care is given in the patient's home, district nurses also visit residential homes and may hold clinic sessions in the GP surgery and health centres.

What Do District Nurses Do?

District nursing is a branch of the nursing profession which offers a healthcare service to people who are unable to visit the GP surgery and who need care, advice and support due to being temporarily or permanently housebound.

Following a referral from the hospital, a GP or other agency a district nurse will perform a health needs assessment and subsequent referral to other community-based services. District nurses play a vital role in keeping hospital admissions and readmissions to a minimum, ensuring patients can return to their own homes as soon as possible.



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Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Is District Nursing The Right Career For Me?

To become a district nurse you will need to be a registered adult, children's, learning disabilities or mental health nurse.

District nurses are privileged to deliver holistic care to patients in their own homes and patients can expect to be treated as individuals with respect, privacy and dignity. Every day is different and district nurses have a sense of belonging in the community that they work.

Responsible for their own caseloads, district nurses need to be organised, confident and able to cope in potentially challenging situations. They also supervise and lead teams of community staff so having leadership and management skills is important.

Useful Links

- [Nursing : Study With Us , Aberystwyth University](#)
- [Bangor University](#)
- [Cardiff University](#)
- [Nursing and Midwifery Council \(NMC\)](#)
- [Royal College of Nursing \(RCN\)](#)
- [Swansea University](#)
- [University of South Wales](#)
- [Wrexham Glyndŵr University](#)